# PIH Health Community Donation Menu

Please contact Volunteer Services at the hospital of your choice to schedule a donation:

PIH Health Downey Hospital 562.698.0811 Ext 25223

PIH Health Good Samaritan Hospital 213.977.2091

PIH Health Whittier Hospital 562.698.0811 Ext 12623

#### **NICU Parent Kits**

- Snacks with a long shelf-life (would need to have a sticker on outside of care package with expiration date of snacks)
- Restaurant or Target gift cards
- Dry shampoo/head bands
- Cozy socks or slippers
- Coffee mug
- Blanket
- Burp clothes
- Diapers
- Congratulations card

Bonding Hearts Lovies for NICU moms and babies (Pattern available from Volunteer Services)

Knitted Knockers for breast cancer patients https://www.knittedknockers.org/

### Hygiene Kits for homeless patients

- Travel size tissues
- Cotton swabs
- Toothbrush & toothpaste
- Soap
- Washcloths
- Hand wipes
- Feminine hygiene products
- Hairbrush
- Gallon size Ziploc bags (for storage of items)

## Supplies for Sewing Committee

- Fluff
- Cotton fabric
- White thread

Neck pillows for stroke patients (pattern available through Volunteer Services)

Hand sewn cat or dog pillow for ED Pediatric patients (Patterns available from Volunteer Services)

#### Knitted Items

- Scarves
- Beanies
- Blankets (could also use the fleece-tie blankets)

## Supplies for Comfort Cart

- Activity or craft kits for adults or children (<a href="https://www.mommalew.com/diy-tissue-paper-flowers/">https://www.mommalew.com/diy-tissue-paper-flowers/</a> as an example. Kit would include supplies needed in a Ziplock bag)
- Small jigsaw puzzles
- Puzzle books (sudoku, crossword, word searches)
- Adult coloring pages with crayons
- Fidget toys (fidget spinners, stress balls, Rubik's cubes, etc.)
- Hand-made get-well cards for patients

### Supplies for Art Cart

- Watercolor paint sets
- Wood art
- Clay
- Twistable colored pencils
- Origami paper
- Small canvases
- Sketch pads
- Plastic paint brushes